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### **CERTIFICATE BY THE SUPERVISOR**

This is to certify that the thesis entitled **“EFFECT OF ASANAS, AEROBICS AND PROPRIOCEPTIVE TRAINING ON SELECTED MOTOR FITNESS PHYSIOLOGICAL AND PERFORMANCE VARIABLES AMONG FOOTBALL PLAYERS”** is a record of original research work done by **T. GANESH BABU** a full time scholar of Doctor of Philosophy, in the Department of Physical Education in Tamil Nadu Physical Education and Sports University, Chennai during the year 2010 – 2012. This thesis is his original work and it has not previously formed the basis for the award to any candidate, for any Degree, Diploma, Associateship, Fellowship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Place :

**(P. GOPINATHAN)**

Date :

Supervisor